

The Saint Barnabas Rehabilitation Affiliates

*Leading patients to wellness...
one step at a time.*

The Saint Barnabas Rehabilitation Affiliates are a collaboration of highly skilled rehabilitation professionals dedicated to providing state-of-the-art care that encourages maximum independence for all patients. The group provides services in nursing and rehabilitation centers and outpatient therapy centers.

Rehabilitation professionals include:

Physical Therapists

Physical therapists are responsible for developing exercise programs that help build a patient's strength in their muscles and joints. The Saint Barnabas Rehabilitation Affiliates' licensed Physical Therapists and Physical Therapy Assistants work to renew or maximize function to the highest level possible. They also recommend assistive devices such as walkers and canes. Their goal is to increase mobility and alleviate discomfort.

Occupational Therapists

An occupational therapist assists in evaluating and increasing a patient's ability to perform activities of daily living (ADLs) such as getting dressed, bathing, or getting up from a chair or out of bed, along with other independent living skills. The Registered Occupational Therapists and Certified Occupational Therapy Assistants of the Saint Barnabas Rehabilitation Affiliates employ special therapeutic techniques to accommodate the needs of each patient.



Speech-Language Pathologists

The speech-language pathologist assists in the process of assessing and repairing speech, language, cognitive, and swallowing difficulties. He/she develops a plan aimed at increasing a patient's ability to communicate and overcome any issues related to swallowing. Each staff member is a licensed professional, certified by the state, and is a member of the American Speech-Language-Hearing Association.

For more information about the Saint Barnabas Rehabilitation Affiliates, please call 908-851-8816.

